

VISHWASHANTI
GURUKUL
WORLD SCHOOL



Refectory Menu

30th March to 05th April 2026

REGULAR MENU



Monday

BREAKFAST	30-03-2026		
DRY FRUITS AND NUTS	ALMOND / DATES / RAISIN		
INDIAN	POORI BHAJI		
CONTINENTAL	PLAIN CHEESE S/W		
B/B/JAM	MILK BREAD / BROWN BREAD / BUTTER		
CEREAL	CHOCOS		
DRINK	DRINKING CHOCOLATE		
MILK	MILK HOT & COLD		
TEA/COFFEE	TEA / COFFEE / BLACK TEA		
FRUITS	BANANA		
SNACKS EYP PYP	MINI CHEESE ROLL		
SNACKS MYP DP	VEG POTATO PUFF		
DRINKS EYP PYP MYP DP	ORANGE TANG		
LUNCH	LUNCH		
PULSES	DAL MAKHANI		
INDIAN MAIN DISH	PANEER LABABDAR		
ASIAN/CONTI/INDIAN	MIX VEGETABLE		
STUDENT FAVOURITE	CHEESE CORN BALL		
APC	ALOO WADI / THECHA		
BREAD	BUTTER NAAN / CHAPATI		
RICE	HYDERABADI DUM BIRYANI / STEAM RICE		
DRINKS	CHASS		
CURD RECIPE	BOONDI RAITA		
SALAD 3 TYPES	FRIED POTATO SALAD / GREEN SALAD / ICEBERG SALAD		
DESSERTS	CHOCOLATE ICE CREAM		
SNACKS	SPRING ROLL		
DRINKS	BANANA SHAKE		
	DINNER		
SOUPS	MAGGI SOUP		
PULSES	DAL ADRAKI		
INDIA MAIN	BHINDI MASALA		
ASIAN/CONTI	PERI PERI FRENCH FRIES		
RICE	TAWA PULAO / STEAM RICE		
BREAD/CHAPATI	PHULKA / CHAPATI		
DESSERT	JALEBI RABDI		
SALAD 3 TYPE	GREEN SALAD / PAPAD SALAD / MEDITERIAN SALAD		
ACCOMPANIMENT	SCHEZWAN SAUCE		
APC	ONION / LIME		

Tuesday

BREAKFAST	31-03-2026	
DRY FRUITS AND NUTS	ALMOND / APRICOT / RAISIN	
INDIAN	MISAL PAV	
CONTINENTAL	GRILLED CHEESE S/W	
B/B/JAM	BROWN BREAD / MILK BREAD / JAM / BTR	
CEREAL	SPECIAL K	
DRINK	PLAIN HORLICKS	
MILK	MILK HOT & COLD	
TEA/COFFEE	TEA / COFFEE / BLACK TEA	
FRUITS	GREEN GRAPES	
SNACKS EYP PYP	COTTAGE PANEER WITH P/A	
SNACKS MYP DP	ALOO KACHORI	
DRINKS EYP PYP MYP DP	FRESH SWEETLIME JUICE	
LUNCH	LUNCH	
PULSES	TOOR DAL TADKA	
INDIAN MAIN DISH	MUSHROOM DO PYAZA	
ASIAN/CONTI/INDIAN	SINGAPOORI NOODLES	
STUDENT FAVOURITE	TANDOOR PLATTER	
APC	PAPAD / WET GARLIC SAUCE	
BREAD	CHAPATI / GHEE CHAPATI	
RICE	NAVRATAN PULAO/ STEAM RICE	
DRINKS	MOCKTAIL	
CURD RECIPE	MIX VEG RAITA	
SALAD 3 TYPES	SPROUT SALAD / MIX FRUIT SALAD / GREEN SALAD	
DESSERTS	FRESH P/A PASTRY	
SNACKS	VEG CHEESE HOT DOG	
DRINKS	MINT SHIKANJI	
	DINNER	
SOUPS	ICE TEA	
PULSES	MIX DAL FRY	
INDIA MAIN	LAUKI MASALA	
ASIAN/CONTI	GRILLED VEG AUGRATINE	
RICE	NAVRATAN PULAO / STEAM RICE	
BREAD/CHAPATI	CHAPATI / PHULKA	
DESSERT	GAJAR KA HALWA	
SALAD 3 TYPE	GREEN SALAD / PASTA SALAD SALAD / LETTUCE SALAD	
ACCOMPANIMENT	PAPAD	
APC	ONION / LIME	

Wednesday

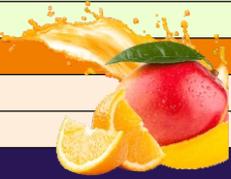
BREAKFAST	01-04-2026
DRY FRUITS AND NUTS	ALMOND / DATES / RAISIN
INDIAN	PANEER BHURJI / TAWA PARATHA / SPICY CHUTNEY
CONTINENTAL	TANDOOR MAYO GRILLED S/W
B/B/JAM	BREAD / BUTTER / JAM
CEREAL	STRAWBERRY FLAKES
DRINK	DRINKING CHOCOLATE
MILK	MILK HOT & COLD
TEA/COFFEE	TEA / COFFEE / BLACK TEA
FRUITS	WATERMELON
SNACKS EYP PYP	TADKA IDLI/CHUTNEY
SNACKS MYP DP	TADKA IDLI/CHUTNEY
DRINKS EYP PYP MYP DP	FRESH ORANGE JUICE
LUNCH	LUNCH
PULSES	KASHMIRI RAJMA CURRY
INDIAN MAIN DISH	ACHARI JEERA ALOO
ASIAN/CONTI/INDIAN	HONEY CHILLI POTATO
STUDENT FAVOURITE	CRISPY OKRA DUSTED IN SPICY TANGY MASALA
APC	PAPAD / MINT SAUCE
BREAD	CHAPATI / PHULKA
RICE	CORIANDER RICE / STEAM RICE
DRINKS	CHASS
CURD RECIPE	PLAIN CURD
SALAD 3 TYPES	PAPAD SALAD / BOILED SPROUT SALAD / GREEN SALAD
DESSERTS	DRY FRUIT SHRIKHAND
SNACKS	PAPDI CHAT
DRINKS	FRESH LEMON WATER
	DINNER
SOUPS	MOCKTAIL
PULSES	MAA KI DAL
INDIA MAIN	SOYA CURRY
ASIAN/CONTI	GARLIC CHEESE BREAD
RICE	KHICADI / STEAM RICE
BREAD/CHAPATI	CHAPATI / PHULKA
DESSERT	CHOC BROWNIE WITH SAUCE
SALAD 3 TYPE	GREEN SALAD / SPROUT SALAD / ONION RING SALAD
ACCOMPANIMENT	PAPAD
APC	SCHEZWAN SAUCE



Thursday

BREAKFAST	02-04-2026	
DRY FRUITS AND NUTS	ALMOND / APRICOT / RAISIN	
INDIAN	GREEN PEAS POHA	
CONTINENTAL	BOMBAY S/W	
B/B/JAM	BREAD / BUTTER / JAM	
CEREAL	CHOCOS	
DRINK	CHOCOLATE HORLICKS	
MILK	MILK HOT & COLD	
TEA/COFFEE	TEA / COFFEE / BLACK TEA	
FRUITS	ORANGES	
		
SNACKS EYP PYP	CUT FRUIT	
SNACKS MYP DP	WHEAT SOYACHAP FRANKIES	
DRINKS EYP PYP MYP DP	FRESH PINEAPPLE JUICE	
LUNCH	LUNCH	
PULSES	CHOLEY CURRY	
INDIAN MAIN DISH	VEG MAKHANI	
ASIAN/CONTI/INDIAN	PAV BHAJI	
STUDENT FAVOURITE	CHILI TOFU (DRY)	
APC	KOTHIMBIR WADI / FRESH CORIANDER CHUTNEY	
BREAD	CHAPATI / MISSI ROTI	
RICE	MASALA BHAT / STEAM RICE	
DRINKS	ICE TEA	
CURD RECIPE	BOONDI RAITA	
SALAD 3 TYPES	FRESH ICE BERG SALAD / CORN SALAD / GREEN SALAD	
DESSERTS	RASMALAI	
		
SNACKS	SHEV PAPADI DAHI PURI	
DRINKS	KIWI JUICE	
	DINNER	
SOUPS	TANG	
PULSES	DAL AMRITSARI	
INDIA MAIN	MUSHROOM MASALA	
ASIAN/CONTI	BURNT GARLIC NOODLE	
RICE	VEG FRIED RICE / STEAM RICE	
BREAD/CHAPATI	CHAPATI / PHULKA	
DESSERT	CAFÉ MOCHA PASTRY	
SALAD 3 TYPE	GREEN SALAD / KOSHIMBIR / MOOLI SALAD	
ACCOMPANIMENT	SCHEZWAN SAUCE	
APC	PAPAD / PICKLE	
		

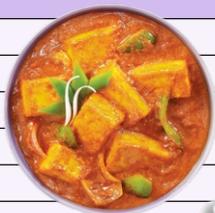
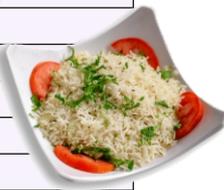
Friday

BREAKFAST	03-04-2026	
DRY FRUITS AND NUTS	ALMOND / DATES / RAISIN	
INDIAN	SAGO KHICHADI	
CONTINENTAL	VEG CHEESE S/W	
B/B/JAM	BROWN BREAD / MILK BREAD / JAM / BTR	
CEREAL	PLAIN CORNFLAKES	
DRINK	DRINKING CHOCOLATE	
MILK	MILK HOT & COLD	
TEA/COFFEE	TEA / COFFEE / BLACK TEA	
FRUITS	PINE APPLE	
SNACKS/DRINKS EYP PYP	MINI ALOO PARANTHA	
SNACKS MYP DP	SAMOSA	
DRINKS MYP DP	MOCKTAIL	
LUNCH	LUNCH	
PULSES	YELLOW DAL TADKA	
INDIAN MAIN DISH	PANEER BUTTER MASALA	
ASIAN/CONTI/INDIAN	VEG JALFREZI	
STUDENT FAVOURITE	BURNT GARLIC NOODLES	
APC	PAPAD / PEANUT CHUTNEY DRY	
BREAD	BUTTER TANDDOR ROTI / PHULKA	
RICE	CURD RICE / STEAM RICE	
DRINKS	AAM RAS	
CURD RECIPE	DAHI VADA / CHUTNEY	
SALAD 3 TYPES	PROTEIN SALAD / BOILED SPROUT SALAD / GREEN SALAD	
DESSERTS	GULAB JAMUN	
SNACKS	MAGGI	
DRINKS	TANG	
	DINNER	
SOUPS	BROCCOLI SOUP	
PULSES	DAL TADKA	
INDIA MAIN	MALAI KOFTA	
ASIAN/CONTI	CHILLI SOYA	
RICE	TIRANGA BIRYANI / STEAM RICE	
BREAD/CHAPATI	CHAPATI / PHULKA	
DESSERT	SEWAI KHEER	
SALAD 3 TYPE	GREEN SALAD / COLESLOW SALAD / BEET ROOT SALAD	
ACCOMPANIMENT	PAPAD	
APC	MINT CHUTNEY	

Saturday

BREAKFAST	04-04-2026	
DRY FRUITS AND NUTS	ALMOND / DATES / RAISIN	
INDIAN	MEDU WADA / SAMBHAR	
CONTINENTAL	BROWN BREAD VEG S/W	
B/B/JAM	BREAD / BUTTER / JAM	
CEREAL	HONEYFLAKES	
DRINK	BOURNVITA	
MILK	MILK HOT & COLD	
TEA/COFFEE	TEA / COFFEE / BLACK TEA	
FRUITS	CUT FRUITS	
SNACKS/DRINKS EYP PYP		
SNACKS MYP DP	CORN CHAT	
DRINKS MYP DP	SWEET LIME JUICE	
LUNCH	LUNCH	
PULSES	DAL PANCHRATAN	
INDIAN MAIN DISH	TAWA VEGTABLES	
ASIAN/CONTI/INDIAN	MAC N CHEESE	
STUDENT FAVOURITE	SPICY TANGY SOYA CHAAP DRY	
APC	PAPAD / MINT SAUCE	
BREAD	CHAPATI / PHULKA	
RICE	STEAM RICE / KHICHADI	
DRINKS	ORANGE TANG	
CURD RECIPE	PLAIN CURD	
SALAD 3 TYPES	ALOO ANAR CHAT / MEDITERIAN SALAD / GREEN SALAD	
DESSERTS	SHAHI TUKDA	
SNACKS	PIZZA	
DRINKS	COLD COFFEE	
	DINNER	
SOUPS	CHASS	
PULSES	DAL DHABA	
INDIA MAIN	VEG MARATHA	
ASIAN/CONTI	BAR BE QUE MUSHROOM	
RICE	TAWA PULAO / STEAM RICE	
BREAD/CHAPATI	CHAPATI	
DESSERT	MOONG DAL SHEERA	
SALAD 3 TYPE	GREEN SALAD / CHIKPEA SALAD / RUSSIAN SALAD	
ACCOMPANIMENT	PICKLE	
APC	PAPAD	

Sunday

BREAKFAST	05-04-2026		
DRY FRUITS AND NUTS	ALMOND / APRICOT / RAISIN		
INDIAN	ALOO PARANTHA / FRESH CORIANDER CHUTNEY		
CONTINENTAL	BUTTER BADAM COOKIES		
B/B/JAM	BROWN BREAD / MILK BREAD / JAM / BTR		
CEREAL	CHOCOS		
DRINK	BOOST		
MILK	MILK HOT & COLD		
TEA/COFFEE	TEA / COFFEE / BLACK TEA		
FRUITS	PAPAYA		
SNACKS/DRINKS EYP PYP			
SNACKS MYP DP	BREAD PATTICE		
DRINKS MYP DP	FRESH LIME WATER		
LUNCH	LUNCH		
PULSES	BLACK MASOOR DAL FRY		
INDIAN MAIN DISH	GOBHI ADRAKI		
ASIAN/CONTI/INDIAN	SHEV BHAJI		
STUDENT FAVOURITE	PANI POORI		
APC	PAPAD		
BREAD	CHAPATI / PHULKA		
RICE	FRIED RICE / STEAM RICE		
DRINKS	CHASS		
CURD RECIPE	PAHADI RAITA		
SALAD 3 TYPES	LACCHA SALAD / LETTUCE SALAD / GREEN SALAD		
DESSERTS	BOONDI LADOO		
SNACKS	CHOPSUEY		
DRINKS	ICE TEA		
	DINNER		
SOUPS	CARROT SOUP		
PULSES	DAL MAKHANI		
INDIA MAIN	PANEER MAKAHNI		
ASIAN/CONTI	CHEESE MAYO ROLL		
RICE	VEG FRIED RICE / STEAM RICE		
BREAD/CHAPATI	GARLIC BUTTER NAAN / PHULKA		
DESSERT	ORANGE TART		
SALAD 3 TYPE	GREEN SALAD / DAHI KOSHIMBIR / LETTUCE SALAD		
ACCOMPANIMENT	PICKLE		
APC	SCHEZWAN SAUCE		