

VISHWASHANTI  
GURUKUL  
WORLD SCHOOL



# Refectory Menu

02nd to 08th March 2026

REGULAR



# Monday

BREAKFAST	02-03-2026		
DRY FRUITS AND NUTS	ALMOND / DATES / RAISIN		
INDIAN	MIX VEG PARANTHA		
CONTINENTAL	PLAIN CHEESE S/W		
B/B/JAM	MILK BREAD / BROWN BREAD / BUTTER		
CEREAL	CHOCOS		
DRINK	DRINKING CHOCOLATE		
MILK	MILK HOT & COLD		
TEA/COFFEE	TEA / COFFEE / BLACK TEA		
FRUITS	BLACK GRAPES		
SNACKS EYP PYP	SAMOSA		
SNACKS MYP DP	SAMOSA		
DRINKS EYP PYP MYP DP	ORANGE TANG		
LUNCH	LUNCH		
PULSES	DAL MAKHANI		
INDIAN MAIN DISH	MUSHROOM MASALA		
ASIAN/CONTI/INDIAN	VEG JALFREZI		
APC	PAPAD		
BREAD	BUTTER NAAN / CHAPATI		
RICE	HYDERABADI DUM BIRYANI / STEAM RICE		
DRINKS	CHAAS		
CURD RECIPE	DAHI VADA		
SALAD 3 TYPES	POTATO CHAT/ GREEN SALAD / ICEBERG SALAD		
DESSERTS	GULAB JAMUN		
SNACKS	PIZZA		
DRINKS	COLD COFFEE		
	DINNER		
SOUPS	SOFT DRINK BLACK / ORANGE		
PULSES	CHOLEY SEMI CURRY		
INDIA MAIN	ACHARI PANEER TIKKA		
ASIAN/CONTI	GRILLED CHEESE S/W		
STUDENT FAVOURITE	MAGGI		
RICE	FRENCH FRIES / MASALA BHAT		
BREAD/CHAPATI	BHATURA		
DESSERT	ICE CREAM		
SALAD 3 TYPE	GREEN SALAD / MAGGI PASTA/ TADKA SALAD/		
ACCOMPANIMENT	SCHEZWAN SAUCE		
APC	ONION / LIME		

# Tuesday

BREAKFAST	03-03-2026	
DRY FRUITS AND NUTS	ALMOND / DATES / RAISIN	
INDIAN	GREEN PEAS POHA / RASAM	
CONTINENTAL	GRILLED CHEESE S/W	
B/B/JAM	BROWN BREAD / MILK BREAD / JAM / BTR	
CEREAL	SPECIAL K	
DRINK	PLAIN HORLICKS	
MILK	MILK HOT & COLD	
TEA/COFFEE	TEA / COFFEE / BLACK TEA	
FRUITS	BANANA	
SNACKS EYP PYP	MIX PAKODA / DAHI PAPDI	
SNACKS MYP DP	MIX PAKODA / DAHI PAPDI	
DRINKS EYP PYP MYP DP	THANDAI	
LUNCH	LUNCH	
PULSES	KASHMIRI RAJMA CURRY	
INDIAN MAIN DISH	MALAI KOFTA	
ASIAN/CONTI/INDIAN	PASTA IN TOMATO MAKHANI SAUCE	
APC	PAPAD	
BREAD	CHAPATI / LACCHA PARANTHA	
RICE	RICE NOODLE COMBINATION / STEAM RICE	
DRINKS	CHASS	
CURD RECIPE	CUCUMBER RAITA	
SALAD 3 TYPES	SPROUT SALAD / MIX FRUIT SALAD / GREEN SALAD	
DESSERTS	MAWA GUJIYA	
SNACKS	VEG CHEESE BURGER	
DRINKS	ICE TEA	
	DINNER	
SOUPS	HOT AND SOUR SOUP	
PULSES	DAL FRY	
INDIA MAIN	SOYA CHAP MAKHANI	
ASIAN/CONTI	BHEL	
STUDENT FAVOURITE	PANI POORI	
RICE	VEG FRIED RICE / STEAM RICE	
BREAD/CHAPATI	CHAPATI / GHEE PHULKA	
DESSERT	FRUIT TRUFFLE	
SALAD 3 TYPE	GREEN SALAD / COLESLOW SALAD / BEET ROOT SALAD	
ACCOMPANIMENT	PAPAD / MINT CHUTNEY	
APC	ONION / LIME	

# Wednesday

BREAKFAST	04-03-2026
DRY FRUITS AND NUTS	ALMOND / DATES / RAISIN
INDIAN	PANEER PARANTHA / FRESH CORIANDER CHUTNEY
CONTINENTAL	BOMBAY S/W
B/B/JAM	BREAD / BUTTER / JAM
CEREAL	STRAWBERRY FLAKES
DRINK	DRINKING CHOCOLATE
MILK	MILK HOT & COLD
TEA/COFFEE	TEA / COFFEE / BLACK TEA
FRUITS	WATERMELON
SNACKS EYP PYP	CUT FRUIT
SNACKS MYP DP	VADA PAV
DRINKS EYP PYP MYP DP	FRESH SWEETLIME JUICE
<b>LUNCH</b>	<b>LUNCH</b>
PULSES	DAL TADKA
INDIAN MAIN DISH	ACHARI JEERA ALOO
ASIAN/CONTI/INDIAN	HONEY CHILLI POTATO
STUDENT FAVOURITE	FRESH CHILLI THECHA
APC	CHAPATI / PHULKA
BREAD	TAWA PULAO / STEAM RICE
RICE	CHASS
DRINKS	PLAIN CURD
CURD RECIPE	BEETROOT SALAD / BOILED SPROUT SALAD / GREEN SALAD
SALAD 3 TYPES	POORAN POLI
DESSERTS	
SNACKS	HARA BHARA KEBAB
DRINKS	VANILLA SHAKE
	<b>DINNER</b>
SOUPS	MAGGI SOUP
PULSES	DAL PANCHRATNA
INDIA MAIN	ALOO METHI
ASIAN/CONTI	MAC N CHEESE
STUDENT FAVOURITE	VEG CUTLET
RICE	VEG BIRYANI / STEAM RICE
BREAD/CHAPATI	CHAPATI / PHULKA
DESSERT	DRY FRUIT SHEERA
SALAD 3 TYPE	GREEN SALAD / SPROUT SALAD / ONION RING SALAD
ACCOMPANIMENT	PAPAD / SCHEZWAN SAUCE
APC	ONION/LIME



# Thursday

BREAKFAST	05-03-2026	
DRY FRUITS AND NUTS	ALMOND / DATES / RAISIN	
INDIAN	MEDU VADA SAMBHAR	
CONTINENTAL	GRILLED TANDOOR VEG S/W	
B/B/JAM	BREAD / BUTTER / JAM	
CEREAL	CHOCOS	
DRINK	CHOCOLATE HORLICKS	
MILK	MILK HOT & COLD	
TEA/COFFEE	TEA / COFFEE / BLACK TEA	
FRUITS	ORANGES	
		
SNACKS EYP PYP	COTTAGE PANEER WITH P/A	
SNACKS MYP DP	ALOO KACHORI	
DRINKS EYP PYP MYP DP	FRESH P/A JUICE	
LUNCH	LUNCH	
PULSES	PUNJABI KADHI PAKODI	
INDIAN MAIN DISH	VEG MAKHANI	
ASIAN/CONTI/INDIAN	BAKED VEG AU GRATIN	
APC	KOTHIMBIR WADI	
BREAD	CHAPATI / MISSI ROTI	
RICE	CURD RICE / STEAM RICE	
DRINKS	ICE TEA	
CURD RECIPE	BOONDI RAITA	
SALAD 3 TYPES	FRESH ICE BERG SALAD / CORN SALAD / GREEN SALAD	
DESSERTS	ORANGE TART	
		
SNACKS	SHEV PAPDI DAHI PURI	
DRINKS	KIWI JUICE	
	DINNER	
SOUPS	CORN SOUP	
PULSES	DAL AMRITSARI	
INDIA MAIN	BAINGAN BHARTA	
ASIAN/CONTI	BURNT GARLIC NOODLE	
STUDENT FAVOURITE	HONEY CHILLI POTATO	
RICE	VEG FRIED RICE / STEAM RICE	
BREAD/CHAPATI	CHAPATI / PHULKA	
DESSERT	BALUSHAHI	
SALAD 3 TYPE	GREEN SALAD/ KOSHIMBIR / MOOLI SALAD	
ACCOMPANIMENT	SCHEZWAN SAUCE / PAPAD / PICKLE	
APC	ONION/LIME	

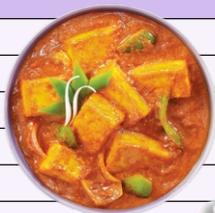
# Friday

BREAKFAST	03-03-2026	
DRY FRUITS AND NUTS	ALMOND / DATES / RAISIN	
INDIAN	SAGO WADA	
CONTINENTAL	PLAIN CHEESE S/W	
B/B/JAM	BROWN BREAD / MILK BREAD / JAM / BTR	
CEREAL	PLAIN CORNFLAKES	
DRINK	DRINKING CHOCOLATE	
MILK	MILK HOT & COLD	
TEA/COFFEE	TEA / COFFEE / BLACK TEA	
FRUITS	PINE APPLE	
SNACKS/DRINKS EYP PYP	ALOO BONDA	
SNACKS MYP DP	KACHI DABELI	
DRINKS MYP DP	FRUIT PUNCH	
LUNCH	LUNCH	
PULSES	DAL BUKHARA	
INDIAN MAIN DISH	PANEER LABABDAR	
ASIAN/CONTI/INDIAN	BHINDI MASALA	
APC	BHAVNAGRI MIRCH PAKODA	
BREAD	BUTTER ROTI NAAN / PHULKA	
RICE	CORIANDER RICE / STEAM RICE	
DRINKS	CHASS	
CURD RECIPE	DAHI VADA / CHUTNEY	
SALAD 3 TYPES	BEEET ROOT SALAD / BOILED SPROUT SALAD / GREEN SALAD	
DESSERTS	MALPUA RABDI	
SNACKS	SPRING ROLL	
DRINKS	FRESH LEMON WATER	
	DINNER	
SOUPS	WANTON SOUP	
PULSES	BLACK MASOOR DAL	
INDIA MAIN	TAWA VEGETABLE	
ASIAN/CONTI	SAUTE EXOTIC ENGLISH VEGGIE	
STUDENT FAVOURITE	CHEESE GARLIC BREAD	
RICE	DELHI STYLE SOYA BIRYANI / STEAM RICE	
BREAD/CHAPATI	CHAPATI / PHULKA	
DESSERT	CARROT CAKE	
SALAD 3 TYPE	GREEN SALAD / VINEGAR ONION/ ICE BERG SALAD	
ACCOMPANIMENT	PAPAD / MINT CHUTNEY	
APC	ONION / LIME	

# Saturday

BREAKFAST	07-03-2026	
DRY FRUITS AND NUTS	ALMOND / DATES / RAISIN	
INDIAN	IDLI SAMBAR	
CONTINENTAL	BROWN BREAD VEG S/W	
B/B/JAM	BREAD / BUTTER / JAM	
CEREAL	HONEYFLAKES	
DRINK	BOURNVITA	
MILK	MILK HOT & COLD	
TEA/COFFEE	TEA / COFFEE / BLACK TEA	
FRUITS	CUT FRUITS	
SNACKS/DRINKS EYP PYP		
SNACKS MYP DP	CORN MAYO ROLL	
DRINKS MYP DP	SWEET LIME JUICE	
LUNCH	LUNCH	
PULSES	BLACK CHANA CURRY	
INDIAN MAIN DISH	GOBHI MASALA	
ASIAN/CONTI/INDIAN	VEG KEBAB CURRY	
APC	PAPAD	
BREAD	CHAPATI / PHULKA	
RICE	STEAM RICE / KHICHADI	
DRINKS	FRUIT PUNCH	
CURD RECIPE	PLAIN CURD	
SALAD 3 TYPES	POTATO CHAT / MEDITERIAN SALAD / GREEN SALAD	
DESSERTS	BESAN LADOO	
		
SNACKS	CRISPY CHEESY PAV	
DRINKS	ORANGE TANG	
	DINNER	
SOUPS	LUNG FUNG SOUP	
PULSES	DAL DHABA	
INDIA MAIN	TURAI CHANA MASALA	
ASIAN/CONTI	VEGETABLE FRIED DIMSUM	
STUDENT FAVOURITE	QUESDILLA	
RICE	TAWA PULAO / STEAM RICE	
BREAD/CHAPATI	CHAPATI / GHEE CHAPATI	
DESSERT	EMARTI	
SALAD 3 TYPE	GREEN SALAD / CHIKPEA SALAD / RUSSIAN SALAD	
ACCOMPANIMENT	PICKLE / PAPAD	
APC	ONION / LIME	

# Sunday

BREAKFAST	08-03-2026	
DRY FRUITS AND NUTS	ALMOND / DATES / RAISIN	
INDIAN	ALOO PARANTHA / FRESH CORIANDER CHUTNEY	
CONTINENTAL	BUTTER BADAM COOKIES	
B/B/JAM	BROWN BREAD / MILK BREAD / JAM / BTR	
CEREAL	CHOCOS	
DRINK	BOOST	
MILK	MILK HOT & COLD	
TEA/COFFEE	TEA / COFFEE / BLACK TEA	
FRUITS	PAPAYA	
SNACKS/DRINKS EYP PYP		
SNACKS MYP DP	BREAD PATTICE	
DRINKS MYP DP	FRESH LIME WATER	
LUNCH	LUNCH	
PULSES	DAL LASOONI	
INDIAN MAIN DISH	SHEV BHAJI	
ASIAN/CONTI/INDIAN	VEG 65	
APC	PAPAD	
BREAD	CHAPATI / PHULKA	
RICE	FRIED RICE / STEAM RICE	
DRINKS	CHASS	
CURD RECIPE	PAHADI RAITA	
SALAD 3 TYPES	LACCHA SALAD / LETTUCE SALAD / GREEN SALAD	
DESSERTS	ANGOOR RABDI	
SNACKS	MAGGI	
DRINKS	ICE TEA	
	DINNER	
SOUPS	TOMATO SOUP	
PULSES	DAL MAKHANI	
INDIA MAIN	CHILLI PANEER DRY	
ASIAN/CONTI	BHUNA VEG	
STUDENT FAVOURITE	VEG IN SWEET N SOUR SAUCE	
RICE	GARLIC RICE / STEAM RICE	
BREAD/CHAPATI	GARLIC BUTTER NAAN / PHULKA	
DESSERT	MANGO TART	
SALAD 3 TYPE	GREEN SALAD / CHERRY TOMATO SALAD / LETTUCE	
ACCOMPANIMENT	SALAD	
APC	PICKLE / SCHEZWAN SAUCE	
	ONION / LIME	